## Schizophrenic disorders 2

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### Causes of Schizophrenia

### **Genetics (Heredity):**

- 1. one affected parents: 12-15% risk.
- 2. both affected parents: 35-39% risk.
- 3. sibling affected: 8-10% risk.
- 4. dizygotic twin affected: 15% risk.
- 5. monozygotic twin affected: 50% risk.

### Neurodevelopmental abnormalities

- 1. development of minor fetal malformations during early gestation may play a role in later manifestation of schizophrenia.
- 2. factors that can affect neurodevelopment and that may increase the risk of disease include:
- a. influenza infection maternal during the second trimester.
- b. trauma or injury at birth.
- c. abuse or trauma during infancy or early childhood.

#### Brain structural abnormalities & chemical imbalance

- 1. The abnormalities in the brain structure including:
- a. Enlarged ventricles
- b. Decreased cortical blood flow
- c. Decrease metabolic activity in certain brain areas
- d. Cerebral atrophy

- 2.Dopamine hypothesis "excessive dopamine activity in cortical areas of the brain was related to the positive symptoms of schizophrenia.
- ▶ 3. other neurotransmitters: serotonin, nor epinephrine, glutamate, and GABA.
- 4. receptors site for specific neurotransmitters and the effect of psychotropic medication.

# Psychosocial and environmental factors:

- 1.Luck of warm, nurturing attention in earliest years of life leas to lack of self identity and withdrawing in schizophrenic pt.
- 2. high expressed emotion( over involved, hostile, critical)
- ▶ 3. low socioeconomic state
- ▶ 4. exposure to life stressors

### Impact of schizophrenia

- ▶ 1% of population will experience schizophrenia
- Severe impairment in perception of reality
- Individuals may not persceive any abnormality and difficulty in developing any insight into problems.
- Poor sense of identity and lowered self esteem

- Inability to focus on tasks and conversations
- Sch. Withdraw from interactions.
- ▶ Poor sense of identity----fear of interaction.
- ▶ Basic feeling of rejection and lack of trust.
- Sch. families experience stress and required to cope with variaty of problems.

### Managing schizophrenia

- ▶ 1.Short term psychiatric hospitalization
- ▶ 2. long term psychiatric hospitalization
- ▶ 3. community- based treatment
- ▶ 4. psychosocial rehabilitation

### Nursing care in schizophrenia

## **HOME WORK: WHAT ARE THE NURSING CARE FOR:**

- ▶ 1. withdrawn and isolated client.
- ▶ 2. aggressive or unusual behaviors.
- ▶ 3. unclear communication patterns.
- ▶ 4. highly suspicious and hostile client.
- ▶ 5. hallucinations and delusions.
- ▶ 6. agitated behavior.
- ▶ 7. sch. Family.
- ▶ 8. selected antipsychotic medications.